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JAWAHAR INSTITUTE OF MOUNTAINEERING &  
WINTER SPORTS, NUNWAN, PAHALGAM  
JAMMU-KASHMIR-192126

JIM/75/TGC/2011-12/

Dec 2010

D Venkatesan  
Asstt. Director General (NT)  
Ministry of Tourism, Govt of India  
C 1 Hutments, Dalhousie Road  
New Delhi -110011

### COURSE REPORT

### SKILL TESTING AND CERTIFICATION COURSE IN RIVER RAFTING

### UNDER HUNNER –SE-ROZGAR SCHEME

### OF MINISTRY OF TOURISM

1. A copy of General Course Report of Skill Testing and Certification Course in River Rafting for 30 Guides under **HUNNER –SE-ROZGAR** Scheme conducted by this Institute for unemployed youth of Jammu & Kashmir Sponsored by Ministry of Tourism, Govt of India, New Delhi w.e.f 23 Aug 2012 to 28 Aug 2012 at Pahalgam, is enclosed herewith for your kind information and necessary action please.
2. Kindly ack.

(Virinder Singh)  
Colonel  
Principal (JIM & WS)

Encl: As stated

### Copy to:

1. Shri Nawang Rigzin Jora, Hon,ble Tourism Minister, Govt of J&K, Civil Secretariat, Srinagar –J&K -190009 : For info please
2. Principal Secretary to Chief Minister, Govt of J&K, Civil Sect. Jammu : For info please
3. Joint Secretary (G/Air), D (HMI), R.No. 225, South Block Ministry of Defence, New Delhi-11 : For info please
4. Addl Secretary, Ministry of Tourism, C 1 Hutments, Dalhousie Road New Delhi. : For info & n/a please
5. Shri. Atal Dulloo, IAS, Commissioner/ Secretary Tourism, Govt. of J&K, Civil Secretariat Srinagar –J&K-190009 : For info & n/a please
6. Institute Library.

## GENERAL COURSE REPORT

### SKILL TESTING AND CERTIFICATION COURSE IN RIVER RAFTING UNDER

### “HUNNER –SE-ROZGAR” SCHEME

INSTITUTE : JAWAHAR INSTITUTE OF MOUNTAINEERING & WINTER  
SPORTS (JIM & WS) PAHALGAM

VENUE : PAHALGAM

REPORT ON : SKILL TESTING AND CERTIFICATION COURSE IN RIVER  
RAFTING UNDER “HUNNER –SE-ROZGAR” SCHEME

COURSE SERIAL NO : 01

DURATION OF COURSE: 23 AUG 2012 TO 28 AUG 2012 (06 days)

### GENERAL

1. Jawahar Institute of Mountaineering and winter Sports (JIM & WS) is a joint venture between Ministry of Defence, Government of India and Department of Tourism Govt. of J&K. Headquarter of the Institute is located at Nunwan, Pahalgam and Sub Centers at Sanasar (near Patnitop), Baderwah (Doda), Shey (Leh) and one adhoc sub centre at Gulmarg for skiing courses. Over last 29 years the Institute has excelled in different adventure activities like Mountaineering, Skiing, Para Gliding, Rescue, water rafting, short term adhoc adventure courses and Mountain & Tourist Guide courses.

### INTRODUCTION

2. Jawahar Institute of Mountaineering and Winter Sports, Pahalgam conducted its first Skill testing and certification course in River Rafting under “HUNNER –SE-ROZGAR” Scheme of Ministry of Tourism, Govt of India w.e.f 23 Aug to 28 Aug 2012 in which 30 unemployed youth of various districts of Jammu & Kashmir participated. The selection of participants was made by the Director Tourism Kashmir and Director

Tourism Jammu J&K. 70% seats were allotted to Kashmir region, 15% to Jammu & 15% of sets to Leh region. All the participants completed this 06 days skill testing and certification course in River Rafting Course successfully. Nominal roll of students is enclosed as **Appendix “A”** to this report.



**GROUP PHOTOGRAPH WITH  
COL VIRINDER SINGH, PRINCIPAL, JIM & WS**

### **AIM**

3. To train the unemployed youth of Jammu & Kashmir in River Rafting to become professional Rafting Guides to earn their daily needs as well as to boost adventure tourism in J & K State.

### **STANDARD TO BE ACHIEVED**

4. The competence levels expected from students upon completion of the course are as follows:-

- (a) Empowered & well developed adolescents.
- (b) Self employment.
- (c) Adventurous attitude.
- (d) High Standard of youth activities & techniques.

## **OBJECTIVES**

5. The competence levels expected from students upon completion of the Rafting course are as follows:-

- (a) Promote adventure activities in the state.
- (b) Impart training on technical aspects of Rafting.
- (c) Hone Rafting skills of individuals.
- (d) Create self employment.
- (e) Building of strong National Bond amongst youth of the country.

## **OPENING ADDRESS**

6. Opening address was given on the first day of the course by Col Virinder Singh, Principal, participants were introduced to well known history of the esteemed Institute JIM & WS. They were explained about expectations from participants, administration of the Institute and safety and security to be observed around Pahalgam training area. They were also explained the discipline to be observed during training and the expected outcomes of this Rafting Course. They were made aware of the risk involved in off water Sports like White Water Rafting and also the safety measures to be followed to complete the course without facing any undesired incident.



**OPENING ADDRESS BY  
COL VIRINDER SINGH, PRINCIPAL JIM & WS**

## **CONDUCT OF TRAINING**

7. The students were trained in acclimatization walk, March to river, Introduction to Rafting equipment, Floating & Paddling , Paddling & Flipping, Paddling & Throw bag Rescue, Rafting in different grade rapid, Paddling & Rescue Drill, Free Run etc.



**PARTICIPANTS RAFTING PAST THE LIDDER RIVER**

8. The 06 days training programme of the course is attached as **Appendix "B"**.

9. Details of aspects covered during the training are enunciated in subsequent paras.

## **ACCLIMATIZATION WALK / PHYSICAL EXERCISE**

10. The location of the Institute headquarter being at approx 7500 ft, though acclimatization was not mandatory, for acquiring physical fitness and mental robustness, initial period was utilized to achieve the same. Acclimatization marches of 1.5 to 3 kms around the place and morning run on hilly terrain were conducted to strengthen the muscles and joints so as to avoid joint and muscle injuries to which human body is prone during Air Adventure Sports.

**(a) PADDLING**

Participants were provided fundamental knowledge in the form of lecture cum demonstration on methods of manually propelling a boat using a paddle. The paddle, which consisted of one or two blades joined to a shaft was also used to steer the vessel.

**PADDLING****(b) FLOATING**

Participants were provided fundamental training of floating through lecture cum demonstration on various methods employed to keep one's body afloat in a water body.

**FLOATING**



**(c) FLIPPING**

Participants were shown and then made to practice the proper way of flipping a raft down the Lidder River through lecture cum demonstration by the Instructors of the Institute.

**FLIPPING****(d) RAFTING IN DIFFERENT GRADE RAPID**

Participants were given fundamental knowledge cum practice in rafting in different grade rapids like 0-1, 1-2 & 2-3 grade rapid, in Lidder River and to maneuver a raft in difficult rapids.

**0-1 GRADE RAPID****2-3 GRADE RAPID**

**(e) THROW BAG RESCUE & RESCUE DRILL**

The participants were trained in throw bag Rescue. A throw bag enables the user to toss the rope to a person who is out of their Raft and requires rescue from the river. Throw bags were tossed from a stable position into the Lidder River and even rapids enabling the participants to grab the rope and get pulled to safety. These steps instructed the participants in the art of using a throw bag in whitewater and swift water rescue scenarios.

**THROW BAG RESCUE****(f) FREE RUN**

Participants were also encouraged in free run over the Lidder River over a distance of 3kms to build stamina. They also practiced over a period of two to three days in long distance Rafting.

**FREE RUN**



**(g) LECTURES**

Students were provided fundamental knowledge in the form of lecture cum demonstration on methods of Rafting.

- a) Introduction to Rafting equipment
- b) Site and flow assessment
- c) Principles of Rafting and Safety
- d) Rescue & Rescue Drill
- e) Flipping, Floating & Paddling



**INSTRUCTORS DELIVERING LECTURES**

**ACCOMMODATION**

11. The accommodation facility was made in Institute Hostel at JIM & WS, Headquarter Pahalgam with good lodging and dining facilities.



**INSTITUTE PAHALGAM**

## **FOOD**

12. The participants were provided with hygienic and palatable food during the training period with additional energy supplements like fruits, dry fruits and chocolates, juices etc.



**ENJOYING SUMPTUOUS FOOD**

## **EQUIPMENT AND CLOTHING**

13. Keeping in view the harsh conditions and cold and rainy weather during the course, the students were provided with quality equipment and clothing gear for training purpose. They were issued quality clothing like Trek suit, T-shirt, sun-cap, jacket, etc by the institute.



**EQUIPMENT AND CLOTHING ISSUED BY JIM & WS**

## MEDICAL COVER

14. Dedicated Medical Officer and Nursing Assistant of the institute provided medical support to the participants through out the course duration.



**MEDICAL CHECKUP BY  
CAPT P K SINGH, MEDICAL OFFICER, JIM & WS**

## PERFORMANCE OF THE COURSE

15. The participants were assessed of their performance in the course in the form of written, Practical & oral taken by the Instructors of the institute. The students excelled in the test taken by securing good marks and grading. **Irshad of Lone from District Anantnag** Secured the best student Award of the course, while **Vikas Sharma from District Baderwah** secured best in Technique Award of the course. The marks sheet is attached as **Appendix “C”**.



**COL VIRINDER SINGH, PRINCIPAL, JIM & WS  
PRESENTING BEST IN TECHNIQUE AWARD TO  
VIKAS SHARMA**



**COL VIRINDER SINGH, PRINCIPAL, JIM & WS  
PRESENTING BEST STUDENT AWARD TO  
IRSHAD AHMAD LONE**



**OBSERVATION**

16. (a) The participants showed marked interest in learning and adopting the Skills of Rafting.
- (b) The participants improved a lot in their physical as well as mental capabilities.
- (c) The participants showed keen interest in participating in other courses at JIM & WS.
- (d) The participants excelled in the final test taken by the Institute to assess their performance & proved themselves as excellent River Rafting Guides.
- (e) It has been observed during the course, that young local youth of Jammu & Kashmir has great extent of potential in all discipline of adventure sports, they are disciplined, but they required correct and timely guidance by sponsoring of various adventure courses for them to channelize their energy towards adventure sports in the state.

**RECOMMENDATIONS**

17. (a) It is recommended that more unemployed youth may be sent to JIM & WS for Rafting courses as well as other adventure courses like Mountaineering, & Skiing.
- (b) Ministry of Tourism, Govt of India and JIM & WS under command of Deptt. of Tourism & Culture, Govt of J&K should form a strong bond to promote adventure tourism in J&K state. Deptt. of Tourism & Culture, Govt of J&K should take up the case with Ministry of Tourism, Govt of India for sponsoring of maximum number of courses in all discipline of adventure sports under the banner of **HUNNER-SE-ROZGAR SCHEME** to channelize the young youth of J&K for tourism.
- (c) Efforts may be done by the Ministry of Tourism, to secure some percentage of vacancies in all the adventure courses viz, Mountaineering, Skiing, Para Gliding, White Water Rafting and Adventure courses for entire region of Jammu & Kashmir. .

## **FEEDBACK**

18. The Photocopies of some of the feedbacks received from the students are enclosed as **Appendix “D”**, reflecting the goal achieved as per the opinion of students.

## **GRADUATION CEREMONY**

19. The Graduation Ceremony of this Skill Testing and Certification in River Rafting Course was held at JIM & WS, Headquarter Pahalgam. The Chief Guest was Col Virinder Singh, Principal, Jawahar institute of Mountaineering and Winter sports, Pahalgam. The chief guest distributed Course Certificates, Badges, Mementoes and prizes among the participants. Speaking on the occasion the chief guest advised the participants to take part in such type of activities and encouraged them after going such trainings they can start their own business in River Rafting.



**COL VIRINDER SINGH, PRINCIPAL, JIM & WS DISTRIBUTING  
CERTIFICATES, BADGES, MOMENTOE & PRIZES TO ALL THE PARTICIPANTS**



**CONCLUSION**

20. During the Rafting course training was imparted to make the participants confident in Rafting and to become technically proficient as trained Rafting Guide. It helped the participants in personality development and character building. The participants were also made aware of the environmental changes and its adverse effects in future. They were also introduced to other adventure activities like trekking, Mountaineering, Skiing etc. The performance of the course validates the fact that desired standards of exposure and training in Rafting and in promoting tourism in the state were achieved.

(Virinder Singh)  
Colonel  
Principal (JIM & WS)

Encl: As stated

**Copy to:**

1. Shri Nawang Rigzin Jora, Hon,ble Tourism Minister, Govt of J&K, Civil Secretariat, Srinagar –J&K -190009 : For info please
- 2 Principal Secretary to Chief Minister, Govt of J&K, Civil Sect. Jammu : For info please
- 3 Joint Secretary (G/Air), D (HMI), R.No. 225, South Block Ministry of Defence, New Delhi-11 : For info please
4. Addl Secretary, Ministry of Tourism, C 1 Hutments, Dalhousie Road New Delhi. : For info & n/a please
5. Shri. Atal Dulloo, IAS, Commissioner/ Secretary Tourism, Govt. of J&K, Civil Secretariat Srinagar –J&K-190009 : For info & n/a please
6. Institute Library.

**TRAINING PROGRAMME**  
**07 DAYS WHITE WATER RIVER RAFTING**

S No.	Day /Date	Time	Subject	Type	Resp.	Place
1.	D + 1	1600-Onwards	Arrival, Reception, Documentation, Issue of equipment March to the river Welcome Address	Miscl. -do- March Miscl	Incharge, ASK/Clk Instructors Principal/MO	Institute -do- RA Institute
2.	D + 2	0700-0800 hrs 0900-0945 hrs 1005-1050 hrs 1100-1145 hrs 1155-1240 hrs 1530-1630 hrs 1700-1900 hrs	Accln March ( 5 Km ) March to the river Intro to Rafting Eqpt. Details of river & Types of Rafting Floating & Paddling Floating & Paddling Games	Accln March Lec LDP -do- Prac Game	Instructors -do- -do- -do- -do- -do- -do-	RA -do- -do- -do- -do- -do- Institute
3.	D + 3	0700-0800 hrs 0900-0945 hrs 1005-1050 hrs 1100-1145 hrs 1155-1240 hrs 1530-1630 hrs 1700-1900 hrs	PT March to the river Paddling & Flipping Rafting in o-1 grade rapid Rafting in o-1 grade rapid Rafting Terminology Games	PT March LDP -do- Prac Lec Game	Instructors -do- -do- -do- -do- -do- -do-	RA -do- -do- -do- -do- Institute -do-
4	D + 4	0700-0800 hrs 0900-0945 hrs 1005-1050 hrs 1100-1145 hrs 1155-1240 hrs 1530-1630 hrs 1700-1900 hrs	PT March to the river Paddling & Throw bag rescue Rafting in 2-2+grade rapid Rafting in 2-2+grade rapid River Hazards Games	PT March LDP Prac -do-Lec Game	Instructors -do- -do- -do- -do- -do- -do-	RA -do- -do- -do- -do- Institute -do-
5	D + 5	0700-0800 hrs 0900-0945 hrs 1005-1050 hrs 1100-1145 hrs 1155-1240 hrs 1530-1630hrs 1700-1900 hrs	PT March to the river Paddling & Rescue Drill Rafting in +2-3 grade rapid Rafting in +2-3 grade rapid Rafting in +2-3 grade rapid. Games	PT March LDP Prac -do- -do- Game	Instructors -do- -do- -do- -do- -do- -do-	RA -do- -do- -do- -do- -do- Institute
6	D + 6	0700-0800 hrs 0900-0945 hrs 1005-1050 hrs 1100-1145 hrs	PT March to the river Paddling Rafting in +2-3 grade rapid.	PT March Prac -do-	Instructors -do- -do- -do-	RA -do- -do- -do-

		1155-1240 hrs 1530-1630hrs 1700-1900 hrs	Free Run for practice Free Run for practice Games	-do- -do- Game	-do- -do- -do-	-do- -do- Institute
7	D+7	0830-0945 hrs 1005-1050 hrs 1100-1145 hrs 1155-1240 hrs 1530-1630 hrs 1700-1900 hrs	Rafting Test Rafting Test Rafting Test Rafting Test Deposit of clothing & Eqpt. Graduation Ceremony/ Closing Address	PT Test -do- -do- -do- Miscl -do-	Instructors -do- -do- -do- -do- ASK Principal/MO	RA -do- -do- -do- -do- Institute -do-
8	D+8	0800 hrs	Departure	-	-	-

(Virinder Singh)  
Colonel  
Principal (JIM & WS)

Note:-

Programme Changes subject to Local Weather Conditions.

Legends:-

LDP- Lecture Demo Practice

MO – Medical Officer

ASK –Assistant Store keeper

RA – Rafting Area

Bed tea will be served at 0630hrs

Breakfast 0800-0845hrs

Tea Break 0945-1005hrs

Lunch Break 1300-1345hrs

Evening Tea 1545-1600hrs

Roll Call 1900hrs

Dinner 2000-2100hrs

Lights off 2200hrs

Instructors Parade Daily 1530hrs

**LIST OF PARTICIPANTS**  
**SKILL TESTING AND CERTIFICATION COURSE IN RIVER RAFTING**

S.No	Name	Parentage	Address	Sex	Ag
1	Aamir Mushtaq Hakeem	Mushtaq Ah Hakeem	Salia, Pahalgam	M	17
2	Sweet Nain Singh	S. Pinky Singh	Hutmarh, Mattan	M	19
3	Fayaz Ahmad Padder	Ab Rashid Padder	Charigam Pahalgam	M	21
4	Aijaz Ah Shah	M. Akbir Shah	Pahalgam	M	26
5	Irshad Ahmad Lone	Mohd Jamal Lone	Pahalgam	M	25
6	Mohd Ibrahim Raina	Ab Majeed Raina	Laripora Pahalgam	M	33
7	Gulzar Ah Raina	Gh Nabi Raina	Laripora Pahalgam	M	33
8	Uzair Nazir Sheikh	Nazir Ah SWheikh	Pahalgam	M	23
9	Ghulam Nabi Dar	M. Maqbool Dar	Dar Pora Chee Anantnag	M	34
10	Irfan Ah Raina	M Shaban Raina	Laripora Pahalgam	M	19
11	Mohd Yousf Lone	Ab Rehman Lone	Pahalgam	M	26
12	Zahid Ah Lone	Wali Mohd Lone	Pahalgam	M	26
13	Romail Singh	Sh. Ram Dass	Ghandhi Nagar ,Reasi	M	27
14	Vikas Sharma	Rajinder Kumar	Kapra, Kursora. Bhaderwah	M	18
15	Ishfaq Ah Khan	Nazir Ah Khan	Pantha Chow Srinagar	M	31
16	Bilal Ah Malla	Subhan Malla	Dawood Colony Soura	M	26
17	Mushtaq ah Khan	Gh Mohd Khan	Kondabal Mansbal	M	31
18	Zeeshan Gul	Ghulam mohd	Shamswari, Srinagar	M	23
19	Shiv Kumar Raina	Kunj Lal Raina	Bhatta Palmar Kishtwar	M	28
20	Abhishek Sharma	Bharat Bhushan Sharma	Nanak Nagar , Jammu	M	31
21	Masroor Ah Mir	Gh Nabi Mir	Sallar ,Pahalgam	M	24
22	Shabir Ah Raina	Ali Mohd Raina	Laripora Pahalgam	M	26
23	Mukhtar Ah Kumar	Ghulam Ah Kumar	Laripora Pahalgam	M	23
24	M Rafi Raina	Gh Qadir Raina	Laripora Pahalgam	M	21
25	Ishfaq Ah Mir	Ab Rahman Mir	Yanner Pahalgam	M	22
26	Lateef Ah Bhat	Gh Nabi Bhat	Laripora Pahalgam	M	23
27	Waseem Shajjad	Mansoor Bhatti	Huti ,Basholi, Kathua	M	25
28	Inderjeet Raina	Kunj Lal Raina	Bhatta Palmar Kishtwar	M	24
29	Ghulam Mustafa	Yousuf Ali	Poshlaim Block, Kargil	M	28
30	Neyaz ali	Ghulam Hussain	Baroo Block Kargil	M	18

**RESULT SHEET OF BASIC RAFTING COURSE**

S.No	Name	Padding 15	Swimming 10	Flipping 20	TB Rescue 15	Viva 10	Behavior 10	W
1	Masroor Ah Mir	12	09	12.5	10.5	7.5	05	
2	Mushtaq ah Khan	12	07	15	12	06	08	
3	Mukhtar Ah Kumar	12	08	13	10	08	07	
4	Bilal Ah Malla	12	07	14	11	07	06	
5	Aijaz Ah Shah	11	09	12	10	08	08	
6	M Rafi Raina	12	09	12	09	07	08	
7	Uzair Nazir Sheikh	12.5	08	10	10	5.5	07	1
8	Irshad Ahmad Lone	12	08	12	12	08	07.5	
9	Irfan Ah Raina	10	08.5	14	10	08	06	
10	Aamir Mushtaq Hakeem	10	08.5	15	10	08.5	06	
11	Shabir Ah Raina	11	08	15	09.5	05	08.5	
12	Zeeshan Gul	09.5	06.5	15	12	05	07	
13	Fayaz Ahmad Padder	12	07	15	09.5	07	08.5	1
14	Ishfaq Ah Mir	12	09	15	11	07	07	
15	Mohd Yousf Lone	12	08	15	12	06	07	1
16	Zahid Ah Lone	11.5	08	15	11	07	07	1
17	Gulzar Ah Raina	10	08	15	12	06	08	
18	Ghulam Nabi Dar	12	08	13	12	06	09	
19	Ishfaq Ah Khan	10	08	15	12	06	07	
20	Lateef Ah Bhat	09.5	08.5	15	12	07	07	
21	Ghulam Mustafa	10	07.5	14	11	07	08	
22	Nayaz ali	11	08	11	12	06	09	1
23	Waseem Shajjad	09	08	15	11	07	08	
24	Abhishek Sharma	10	04.5	15	12	07	07	
25	Romail Singh	12	08	15	10	06	08	
26	Sweet Nain Singh	12	07	15	07	06	07	
27	Mohd Ibrahim Raina	12	07	12	15	06	09	
28	Vikas Sharma	13	09	13	12	08	09	
29	ShivKumarRaina	12	07.5	14	08.5	07	07	
30	Inderjeet Raina	11	06	10	11	07	07	

GRADING OBTAINED

NO. OF TRAINEES



D	90% & Above	-
A	70% To 89%	<b>30</b>
B	60% To 69%	-
C	45% To 59%	-
F	Below 45 %	-
Total Trainees		<b>30</b>

(Virinder Singh)  
Colonel

Principal (JIM & WS)