# JAWAHARINSTITUTE OF MOUNTAINEERING & WINTER SPORTS
NUNWAN, PAHALGAM – 192126

## COURSE PROGRAMME – 2019-20

### BASIC MOUNTAINEERING COURSES

<table>
<thead>
<tr>
<th>Serial No.</th>
<th>Course</th>
<th>Duration</th>
<th>From</th>
<th>To</th>
<th>No. of vacancies</th>
<th>Venue</th>
<th>Vacancy status</th>
</tr>
</thead>
<tbody>
<tr>
<td>134</td>
<td>Basic Mountaineering</td>
<td>24 days</td>
<td>05 May 2019</td>
<td>29 May 2019</td>
<td>60</td>
<td>Pahalgam</td>
<td>Full</td>
</tr>
<tr>
<td>135</td>
<td>Basic Mountaineering</td>
<td>24 days</td>
<td>07 Jun 2019</td>
<td>30 Jun 2019</td>
<td>60</td>
<td>Sonamarg</td>
<td>Full</td>
</tr>
<tr>
<td>136</td>
<td>Basic Mountaineering</td>
<td>24 days</td>
<td>03 July 2019</td>
<td>27 July 2019</td>
<td>60</td>
<td>Sonamarg</td>
<td>Full</td>
</tr>
<tr>
<td>137</td>
<td>Basic Mountaineering</td>
<td>24 days</td>
<td>29 Aug 2019</td>
<td>21 Sept 2019</td>
<td>60</td>
<td>Sonamarg</td>
<td>Full</td>
</tr>
</tbody>
</table>

### ADVANCE MOUNTAINEERING COURSES

<table>
<thead>
<tr>
<th>Serial No.</th>
<th>Course</th>
<th>Duration</th>
<th>From</th>
<th>To</th>
<th>No. of vacancies</th>
<th>Venue</th>
<th>Vacancy status</th>
</tr>
</thead>
<tbody>
<tr>
<td>43</td>
<td>Advance Mountaineering</td>
<td>24 days</td>
<td>03 July 2019</td>
<td>27 July 2019</td>
<td>40</td>
<td>Sonamarg</td>
<td>Full</td>
</tr>
<tr>
<td>44</td>
<td>Advance Mountaineering</td>
<td>24 days</td>
<td>29 Aug 2019</td>
<td>21 Sept 2019</td>
<td>40</td>
<td>Sonamarg</td>
<td>Full</td>
</tr>
</tbody>
</table>

### EXPEDITION

<table>
<thead>
<tr>
<th>Serial No.</th>
<th>Course</th>
<th>Duration</th>
<th>From</th>
<th>To</th>
<th>No. of vacancies</th>
<th>Venue</th>
<th>Vacancy status</th>
</tr>
</thead>
<tbody>
<tr>
<td>01</td>
<td>Expedition to Mt Stok Kangri (6153)</td>
<td>09 days</td>
<td>13 Sept 2019</td>
<td>21 Sept 2019</td>
<td>20</td>
<td>Leh</td>
<td>Available</td>
</tr>
</tbody>
</table>

### METHOD OF INSTRUCTION COURSE

<table>
<thead>
<tr>
<th>Serial No.</th>
<th>Course</th>
<th>Duration</th>
<th>From</th>
<th>To</th>
<th>No. of vacancies</th>
<th>Venue</th>
<th>Vacancy status</th>
</tr>
</thead>
<tbody>
<tr>
<td>19</td>
<td>MOI</td>
<td>15 days</td>
<td>16 Jun 2019</td>
<td>30 Jun 2019</td>
<td>40</td>
<td>Pahalgam</td>
<td>Full</td>
</tr>
</tbody>
</table>

### ADVENTURE COURSES

<table>
<thead>
<tr>
<th>Serial No.</th>
<th>Course</th>
<th>Duration</th>
<th>From</th>
<th>To</th>
<th>No. of vacancies</th>
<th>Venue</th>
<th>Vacancy status</th>
</tr>
</thead>
<tbody>
<tr>
<td>82</td>
<td>Adventure Course</td>
<td>15 days</td>
<td>03 Apr 2019</td>
<td>17 Apr 2019</td>
<td>50</td>
<td>Pahalgam</td>
<td>Full</td>
</tr>
<tr>
<td>83</td>
<td>Adventure Course</td>
<td>15 days</td>
<td>19 Apr 2019</td>
<td>02 May 2019</td>
<td>50</td>
<td>Pahalgam</td>
<td>Full</td>
</tr>
<tr>
<td>84</td>
<td>Adventure Course</td>
<td>15 days</td>
<td>05 May 2019</td>
<td>19 May 2019</td>
<td>50</td>
<td>Sanasar</td>
<td>Full</td>
</tr>
<tr>
<td>85</td>
<td>Adventure Course</td>
<td>15 days</td>
<td>22 May 2019</td>
<td>06 Jun 2019</td>
<td>50</td>
<td>Sanasar</td>
<td>Full</td>
</tr>
</tbody>
</table>

### SKIING COURSES

<table>
<thead>
<tr>
<th>Serial No.</th>
<th>Course</th>
<th>Duration</th>
<th>From</th>
<th>To</th>
<th>No. of vacancies</th>
<th>Venue</th>
<th>Vacancy status</th>
</tr>
</thead>
<tbody>
<tr>
<td>46</td>
<td>Basic Skiing</td>
<td>14 days</td>
<td>03 Jan 2020</td>
<td>16 Jan 2020</td>
<td>60</td>
<td>Gulmarg</td>
<td>Full</td>
</tr>
<tr>
<td>47</td>
<td>Basic Skiing</td>
<td>14 days</td>
<td>20 Jan 2020</td>
<td>02 Feb 2020</td>
<td>60</td>
<td>Gulmarg</td>
<td>Full</td>
</tr>
<tr>
<td>48</td>
<td>Basic Skiing</td>
<td>14 days</td>
<td>05 Feb 2020</td>
<td>18 Feb 2020</td>
<td>60</td>
<td>Gulmarg</td>
<td>Full</td>
</tr>
<tr>
<td>14</td>
<td>Intermediate Skiing</td>
<td>14 days</td>
<td>05 Feb 2020</td>
<td>18 Feb 2020</td>
<td>60</td>
<td>Gulmarg</td>
<td>Full</td>
</tr>
<tr>
<td>14</td>
<td>Advance Skiing</td>
<td>14 days</td>
<td>21 Feb 2020</td>
<td>06 Mar 2020</td>
<td>60</td>
<td>Gulmarg</td>
<td>Full</td>
</tr>
</tbody>
</table>

Note: The dates and venue are subject to snow conditions.
Special Adventure/Skiing (05/06/07/08/09/10 days)

Special Adventure Courses & Special Skiing Courses will be conducted on request, keeping other training commitments of the Institute in view. The rate will be Rs 550/- per day per student for Special Adventure and Rs.1000/- per day per student for Special Skiing Course. The course can be conducted at Pahalgam, Sanasar, Bhaderwah and Leh. The skiing course dates are subject to change, keeping in view the weather and snow conditions. Charges for Special Mountain Courses at Leh will be different as in Pahalgam, Sanasar & Bhaderwah.

Course Fee

1. The fee structure for various courses for Indian and foreign students are as given below:-

<table>
<thead>
<tr>
<th>S No.</th>
<th>Course</th>
<th>Indian Students</th>
<th>Foreign Students</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>For students of J&amp;K</td>
<td>For Students of other states</td>
</tr>
<tr>
<td>1</td>
<td>Basic Mountaineering Course</td>
<td>7600/-</td>
<td>14,000/-</td>
</tr>
<tr>
<td></td>
<td>Advance Mountaineering Course</td>
<td>7600/-</td>
<td>14,000/-</td>
</tr>
<tr>
<td>2</td>
<td>Method of Instruction</td>
<td>7600/-</td>
<td>14,000/-</td>
</tr>
<tr>
<td>3</td>
<td>Adventure Course</td>
<td>4100/-</td>
<td>7600/-</td>
</tr>
<tr>
<td>4</td>
<td>Basic/Intermediate/ Advance Skiing Course (each)</td>
<td>7500/-</td>
<td>7500/- for below 21 years and Rs.10,100/- for above 21 years</td>
</tr>
<tr>
<td>5</td>
<td>Special Mountain Adventure Course</td>
<td>550/- per day</td>
<td>550/- per day</td>
</tr>
<tr>
<td>6</td>
<td>Special Skiing Course</td>
<td>1000/- per day</td>
<td>1000/- per days</td>
</tr>
<tr>
<td>7</td>
<td>Expedition to Mt. Stok Kangri</td>
<td>25,000/-</td>
<td>25,000/-</td>
</tr>
</tbody>
</table>

The Institute provides food, accommodation, equipment, and first aid during the course in the above mentioned fee structure. No escort is permitted with individual trainees, but escort is only permitted for Special Mountain Courses for registered schools only.

Deduction of Course Fees

3. (a) Cancellation of seat 03 months before the course - 15%
(b) Cancellation of seat 02 months before the course - 25%
(c) Cancellation of seat 01 month before the course - 50%

How to apply

4. Application and medical forms are available on our website www.jawaharinstitutepahalgam.com for admission in any course in the Institute. Pay the applicable fee and attach the receipt of the fee with application and medical form and send us through speed post only.

5. The Institute will provide mountaineering equipment and all specialized clothing required during the course. The students are however, required to bring the following:-

   (a) One or two changes of personal clothing.
   (b) Toilet requisites.
   (c) Sport shoes.
   (d) Goggles
   (e) Woolen Socks
   (f) Woolen gloves & cap
(g) Camera, Sun screen lotion / lip guard  
(h) Post paid SIM card connection.  
(j) Thermals under garments  
(k) Wind & water proof jacket  

Foreign Students  

6. The foreign Students are requested to submit the following details for Government clearance:-  
(a) Name in block letters.  
(b) Father’s name.  
(c) Date of birth.  
(d) Permanent address.  
(e) Passport number & visa details.  

How to reach  

ROUTE ACCESSIBILITY  

7. JIM&WS Headquarter Pahalgam  
Nearest Railway Station : Jammu  
Distance from Railway Station Jammu by Road : 255 kms  
Nearest Air port : Srinagar  
Distance from Srinagar Air Port : 110 kms  

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Srinagar Airport.  

JIM&WS SubCentre Sanasar (Patnitop)  
Nearest Railway Station : Jammu  
Distance from Railway Station Jammu by Road : 130 kms  
Nearest Air port : Jammu  
Distance from Jammu Air Port : 130 kms  

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Airport.  

JIM&WS SubCentre Bhaderwah (Doda)  
Nearest Railway Station : Jammu  
Distance from Railway Station Jammu by Road : 200 kms  
Nearest Air port : Jammu  
Distance from Jammu Air Port : 200 kms  

* Regular bus / taxi services at affordable rates are available from Jammu railway station & Airport.  

JIM&WS SubCentre Shey (Leh)  
Nearest Railway Station : Jammu  
Distance from Railway Station Jammu by Road : 700 kms  
Distance from Manali (HP) : 479 kms  
Nearest Air port : Leh  
Distance from Leh Air Port : 10 kms
* Regular bus / taxi services at affordable rates are available from Jammu railway station & Leh Airport.

**Administrative Details**

8. The administrative details are given in succeeding paragraphs:-

(a) Fee is payable in advance, along with duly filled application forms. Adventure sports activities are prone to physical injuries. Students participating in these activities should be aware of the risks involved and accepted the same. Participation is on voluntary basis.

(b) Students would be relieved on last day of the course after breakfast. In order to make return journey comfortable, students are advised to have the reservation done in advance.

(c) Medium of instructions for training would be Hindi and English.

(d) All queries regarding the courses / administrative details are to be addressed to the Principal, Medical officer and training clerk only.

**Climatic condition**

**Pahalgam**

(a) Pahalgam has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from April to October.

(b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh snowfall. The views of the landscape are excellent with snow covered hilly terrains.

(c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 11°C and 25°C. Intermittent showers are seen during this period. There is no snowfall but snow can be found on high altitudes.

(d) Monsoons (July to September) are very scanty. The region becomes highly humid during this period.

**Sanasar**

(a) Sanasar has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from Apr to Oct.

(b) Winters (October to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh snowfall. The views of the landscape are excellent with snow covered hilly terrains.

(c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges
between 15°C and 30°C. Intermittent showers are seen during this period. There is no snowfall but snow can be found on high altitudes.

(d) Monsoons (July to September) are very scanty. The region becomes highly humid during this period.

### Bhaderwah

(a) Bhaderwah has a cold and pleasant climate in summers and very cold climate in winters and the best season for adventure is from Apr to October.

(b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh snowfall. The views of the landscape are excellent with snow covered hilly terrains.

(c) Summers (March to June) are warm and pleasant. The temperature in this hilly region ranges between 15°C and 30°C. Intermittent showers are seen during this period. There is no snowfall but snow can be found on high altitudes.

### Leh (Ladakh)

(a) Leh (Ladakh) has a hot and dry climate in summers and very cold climate in winters and the best season for adventure is from May to September.

(b) Winters (October to April) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh snowfall.

(b) Summers (March to June) are very hot and dry. The temperature in this hilly region ranges between 25°C and 40°C. No showers are seen during this period. There is no snowfall but snow can be found on high altitudes on the peaks.

### Sonamarg

(a) Sonamarg has a cool and pleasant climate in summers and very cold climate in winters and the best season for adventure is from Jun to October.

(b) Winters (November to March) are chilly and snow bound. The minimum mercury level goes below sub zero levels and the region mostly covers receives fresh snowfall. The views of the landscape are excellent with snow covered hilly terrains.

(c) Summers (Apr to October) are warm and pleasant. The temperature in this hilly region ranges between 11°C and 25°C. Intermittent showers are seen during this period. There is no snowfall but snow can be found on high altitudes.

-Sd-
(I S Thapa)
Colonel
Principal (JIM & WS)

Mobile:

: 9906967821 (Med Officer)
: 9906967830 (Training Clerk)
: 9906967831 (OIC Sub centre, Sanasar)
: 8803164516 (OIC Sub centre, Bhaderwah)
: 9797602157 (OIC Sub centre, Sonamarg)
: 01936-243129(TELE / FAX)
Web Site: www.jawaharinstitutepahalgam.com
Email: principal@jawaharinstitutepahalgam.com